

Backstage Dance Studio

Schedule 2023-24

Creative Movement (ages 2.5-5)

Ages 2.5-4 Mondays 11:00-11:45 am

Ages 3-5 Mondays 5:30-6:15 pm

Tap & Ballet Combo (ages 5 & up)

Grades K-1 Mondays 6:15-7:15 pm

Grades 2-3 Thursdays 5:30-6:30 pm

Grades 4-6 Thursdays 5:30-6:30 pm

Grades 7-9 Thursdays 7:00-8:00 pm

Grades 9-12 Thursdays 7:00-8:00 pm

Hip Hop (grades 1 & up)

Grades 1-3 Tuesdays 6:30-7:15 pm

Grades 4-6 Tuesdays 5:45-6:30 pm

Grades 7-12 Tuesdays 7:15-8:00 pm

Musical Theater Jazz (grades 1-5)

Grades 1-5 Tuesdays 5:00-5:45 pm

Dance Team Jazz (grades 1 & up)

Grades 1-3 Thursdays 4:45-5:30 pm

Grades 4-6 Thursdays 4:45-5:30 pm

Grades 7-9 Thursdays 8:00-8:45 pm

Grades 10-12 Mondays 6:30-7:15 pm

Tumbling/Pom (grades K-6)

Grades K-3 Tuesdays 5:45-6:30 pm

Grades 4-6 Tuesdays 5:00-5:45 pm

Ballet Technique (grades 6 & up)

Grades 6-9 Mondays 7:15-8:00 pm

Grades 10-12 Mondays 7:45-8:30 pm

Pre-pointe Mondays 8:45-9:00 pm

Pointe Mondays 8:30-9:00 pm

**Must be enrolled in Ballet to take Pre-Pointe or Pointe*

Jazz Technique (grades 6 & up)

Grades 6-9 Mondays 8:00-8:45 pm

Grades 10-12 Thursdays 8:00-8:45 pm

Classes begin on September 5th!

Creative Movement: This class is designed to introduce girls and boys ages (2.5-5) to the art of dance and improve motor skills. Join us for a beginner dance class that encourages children to explore their imaginations by incorporating children's storybooks, stretching exercises, and song and movement in a fun and safe environment. A world of make believe awaits your child where anything that can be imagined is possible.

** The 3-5 yr. old class will also explore rhythms and musicality with tap dancing.*

Tap & Ballet Combo: This class will consist of half an hour of tap and half an hour of ballet/lyrical. Dancers will learn tap and ballet basics with emphasis on strength, flexibility, terminology and performance skills. Dancers in grades 6 and up will also learn lyrical technique incorporated into the ballet half hour of the class. Tap and ballet classes are a great way to start and maintain your dance career!

Hip Hop: This is a high energy class for students wanting to learn the latest street dance styles with upbeat and current music. Hip Hop stunts and tricks will also be taught. Students are encouraged to bring their own individual style and personality to the movements in this fun and motivating class!

Musical Theater Jazz: This class is for girls and boys who love to sing, dance and perform! This class is a form of theatrical dancing that combines songs from musicals with movements of classical jazz. Dancers will also learn about different rhythms and tempos. This class is perfect for future superstars!

Dance Team Jazz: This is a movement-based class for students to focus on sharp moves, choreographic visuals and jazz/pom/dance team skills. Dancers will learn the fundamentals of arm motions, kicks, jumps, floorwork, and jazz technique/tricks. It is a great class to help prepare for high school dance teams!

Ballet Technique: This is a class with emphasis on correct body placement, balance, terminology and musical qualities. Students will learn concentration and endurance to improve fundamental dance movement. Ballet enhances all other dance skills and styles of dance!

Jazz Technique: This class will consist of a warm-up, progressions across the floor and combinations, with a strong emphasis on stretching, strengthening, terminology and proper technique. Dancers will learn several different leaps and turns in addition to exploring the different styles of jazz!

Tumbling: This class will consist of basic tumbling skills, mat work and strengthening exercises. All levels of dancers will be challenged as students can work at the pace right for them to achieve cartwheels, round-offs, walkovers, handsprings, aerials and more. The tumbling routines will include pom motions and jumps with tumbling skills.

Backstage Dance Studio
7002 N. 102 Circle, Omaha, NE 68122

402.706.6110 backstagedanceomaha@gmail.com

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