



Summer Classes 2023

Join us for Summer Dance Classes!

45 minute classes * Ages 3 & up

We will offer a two week session in June, a three week session in July and pop-up refresher courses in August. The June & July sessions will have classes for all ages to come weekly for two or three weeks in a row. The August pop-up refresher courses will be hour long classes that meet once or more on various days and times. There will be classes for all ages during this month too.

Summer classes are a great opportunity to try a new style of dance and keep up your training throughout your time off. New dancers can experience dance to see if they want to continue during the school year too!

Registration for summer classes is now open. Current dancers can register online through your parent portal or email us at backstagedanceomaha@gmail.com. New dancers can register online: dancestudio-pro.com/online/backstagedanceomaha or by sending us an email at backstagedanceomaha@gmail.com.

You will receive an email confirmation of the classes for which you registered. More information about your classes will be emailed in June.

June Session — June 19-29

July Session — July 10-27

~~~ See page 2 for class schedule and descriptions ~~~

(August pop-up classes schedule will posted in the summer)

Backstage Dance Studio is located at 7002 N 102 Circle in The Plaza at Cherry Hills (I-680 & Irvington exit, by Legend's & Zesto)

Email: [backstagedanceomaha@gmail.com](mailto:backstagedanceomaha@gmail.com)

Website: [backstagedanceomaha.com](https://backstagedanceomaha.com)

402.706.6110

**Storybook Dance Camp: (Ages 3-5)** This camp is designed to introduce girls and boys ages 3-5 to the art of dance and improve motor skills. Join us for a creative movement class that encourages children to explore their imaginations by incorporating children's storybooks, stretching exercises, and song and movement in a fun and safe environment. A world of make believe awaits your child where anything that can be imagined is possible.

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|------------------------------------------------|----------------------------|--------------|------|
| June Session ( <i>Unicorns &amp; Dragons</i> ) | Mondays June 19 & 26       | 5:30-6:15 pm | \$22 |
| July Session ( <i>Circus Celebration</i> )     | Thursdays July 13, 20 & 27 | 5:30-6:15 pm | \$33 |

**Hip Hop: (Ages 12 & up)** This is a high energy class for students wanting to learn the latest street dance styles with upbeat and current music. Boys and girls are encouraged to bring their own individual style and personality to the movements in this fun and motivating class.

|                                        |                      |              |      |
|----------------------------------------|----------------------|--------------|------|
| June Session ( <i>ages 12&amp;up</i> ) | Mondays June 19 & 26 | 6:15-7:00 pm | \$22 |
|----------------------------------------|----------------------|--------------|------|

**Jazz: (Ages 7 & up)** This is a fun class to learn various styles of jazz, - including pom jazz, Broadway jazz, rock jazz and sassy jazz. The class will consist of a warm-up/stretch, progressions across the floor and choreography combinations to current and classic musical hits. Dancers will learn terminology and proper technique while exploring several different leaps, turns and floorwork.

|                                        |                            |              |      |
|----------------------------------------|----------------------------|--------------|------|
| June Session ( <i>ages 12&amp;up</i> ) | Thursdays June 22 & 29     | 7:00-7:45 pm | \$22 |
| July Session ( <i>ages 7-11</i> )      | Mondays July 10, 17 & 24   | 6:15-7:00 pm | \$33 |
| July Session ( <i>ages 12&amp;up</i> ) | Thursdays July 13, 20 & 27 | 7:00-7:45 pm | \$33 |

**Dance Team/Pom: (Ages 4 & up)** This is a movement based class for students to focus on sharp moves, choreographic visuals and pom/dance team/cheer skills. Dancers will learn the fundamentals of cheer motions, kicks, jumps and pom/jazz technique. Dancers will also learn floorwork and acro tricks that are seen in high school dance team routines. Mini dancers (ages 4-6) will also do tumbling in the Dance Team class. This is a great class to help you prepare for high school cheer and dance teams!

|                                        |                            |              |      |
|----------------------------------------|----------------------------|--------------|------|
| June Session ( <i>ages 4-6</i> )       | Mondays June 19 & 26       | 6:15-7:00 pm | \$22 |
| June Session ( <i>ages 7-11</i> )      | Thursdays June 22 & 29     | 6:15-7:00 pm | \$22 |
| June Session ( <i>ages 12&amp;up</i> ) | Mondays June 19 & 26       | 7:00-7:45 pm | \$22 |
| July Session ( <i>ages 4-6</i> )       | Thursdays July 13, 20 & 27 | 6:15-7:00 pm | \$33 |

**Lyrical/Ballet: (Ages 7 & up)** This class will combine techniques and skills from ballet and jazz. Dancers will learn to interpret music with emotion and express themselves through dance movements. The June session will include improv dancing as well.

|                                        |                            |              |      |
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**Tumbling: (Ages 7 & up)** This class will consist of basic tumbling skills, mat work and strengthening exercises. All levels of dancers will be challenged as students can work at the pace right for them to achieve cartwheels, round-offs, walkovers, handsprings, aerials and more.

|                                        |                          |              |      |
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