

Backstage Dance

Summer Classes 2018

Join us for Summer Classes!

Each class is 45 minutes and the cost is \$45 for the first five-week session, \$90 for two sessions, \$130 for three sessions, and \$175 for four sessions.

Summer Class Schedule

Mondays July 2—30

Dance Discovery: This class will study the basics of dance and focus on coordination and fun. Students (boys and girls) will explore movements in a creative and imaginative way that encourages a love for dance.

Ages 3-5 Mondays 6:15-7:00 pm

Pom & Tumbling: This is a class for students who want to learn the basics of pom and cheer technique, cheer motions, kicks, jumps and basic tumbling skills.

Ages 6-11 Mondays 4:45-5:30 pm

Ages 12&up Mondays 7:45-8:30 pm

Hip Hop: This is a class for students wanting to learn a popular and energetic dance style performed to upbeat and current music.

Ages 6-11 Mondays 5:30-6:15 pm

Ages 12&up Mondays 4:45-5:30 pm

Lyrical: This class will combine techniques and skills from ballet and jazz. Students will learn to interpret music with emotion and express themselves through dance movements.

Ages 6-11 Mondays 7:45-8:30 pm

Ages 12&up Mondays 7:00-7:45 pm

Jazz: This class will consist of warm-up, progressions across the floor and combinations, with a strong emphasis on stretching and strengthening, as well as leaps and turns.

Ages 6-11 Mondays 7:00-7:45 pm

Ages 12&up Mondays 5:30-6:15 pm

*** Registration forms are available at the front desk or email
backstagedanceomaha@gmail.com.